

Silvergate San Marcos - Suites Recognizes Staff

Customer Service Award

The Silvergate Residents and staff would like to thank Laura Guerrero for her genuine and caring attitude towards residents and staff by naming her for the Silvergate San Marcos "Customer Service Award". Laura is a great employee. Whenever needed for anything, she is there to help out. She is loyal, dependable, efficient, caring, and passionate about her job. Her position as Caregiver is important to the success of Silvergate San Marcos and we are proud to honor her commitment to making our community a better place to live and work. Laura, you are very much appreciated!



Silvergate San Marcos Recognizes Olivia Nieves

Silvergate San Marcos would like to thank Olivia Nieves for her service here at our community for over ten years! Her genuine and caring attitude towards residents, their families, friends and the Silvergate employees is appreciated. Olivia was employed in January of 1999 and we are proud to honor her and her commitment to help make Silvergate San Marcos a better place to live and work.



Neighborhood Model of Care

We are pleased to offer our "Neighborhood" or Household" model of care here at Silvergate San Marcos Suites. Each home unit has personal care services provided by our capable, gentle, and compassionate staff.

There are small group activities scheduled throughout the day as well as one-on-one activities for residents who are unable to attend group activities. These activities are formed based on individual interests and level of ability to participate.

We welcome family and friends to join us for any of the activities of the day as well as any of our special outings or scenic rides which are usually scheduled for Monday mornings.

Happy Birthday!

Please join us on Thursday, September 24th from 10:30-11:30 a.m. to wish our residents a very happy birthday!

- Dorothy B. 9/8
- Lucy Belle A. 9/26



Silvergate San Marcos Administrative Staff

Melba Dunn	Administrator	Joseph Fernandez	Director of Food Services
Dennis Prejusa	Director of Resident Care	Andrew Mickelson	Director Maintenance
Patty Martinez	Business Office/Housekeeping	Lorraine Herschleb	Director of Activities/Transportation
David Nelson	Director of Marketing		

RCFE # LIC. # 374600026



Silvergate San Marcos Suites

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Cognitive Impairments

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We know that cognitive and memory impairments can change how a person thinks, acts and/or feels. These changes often present special challenges for families and caregivers. An ordinary conversation, for example, can be quite frustrating when your loved one has difficulty remembering from one moment to the next what has been said.

Individuals with cognitive impairment may experience a range of behavioral problems that can be frustrating for caregivers. Helpful suggestions for managing these problems include communication techniques, such as keeping language simple and asking one question at a time. Break down tasks and questions.

For example, instead of asking, "would you like to come in and sit down and have a snack?," use simple statements such as, "sit down here," and "here's a snack for you."



Making a Positive Difference in the Lives of Our Residents

September is the time we celebrate **National Assisted Living Week**, established in 1995 by the National Center for Assisted Living. Assisted living was founded on the principle of delivering care and services based on the individual resident's needs and desires. These services also enhance the resident's emotional, intellectual, physical, social, and spiritual well-being so they can live as independently as possible with the highest quality of life. Silvergate San Marcos is a special community and each person here...residents, staff, nurses, doctors, housekeepers, cooks, caregivers, hospice... all pitch in to create the best atmosphere. We want to thank you all for your exceptional involvement which helps to make this community a great place to live and work.

Calendar Highlights



Join us as we celebrate **Western Days on Tuesday, September 22nd**. Belly up to the Silvergate San Marcos Suites bar at 2:00 p.m. at the O.K. Corral in England 2 and enjoy foot-stompin, boot-kickin' good ole country western music by Phil Gates and bring your partners!

Join Jackie every **Monday at 10:00 a.m. for our weekly scenic ride** and enjoy the sights throughout beautiful North County. From Fallbrook to Escondido there is always a sight to be seen. Families are always welcome to attend.

A **September picnic at Discovery Lake** is what we have planned on **Monday, September 7th**. Join us for great food, fun and relaxation and be sure to bring a hat and your sunscreen! Families are welcome to join us; just call and reserve your seat on the bus at 744-4484 ext. 114.



